

## Lifeguard II Certification Requirements Division of Environmental Health & Protection Permit issued by the Division is valid for three (3) years from October 1<sup>st</sup> to the following 3<sup>rd</sup> October 1st

Persons 19 years old with no physical or mental limitations may become certified as a Lifeguard II in the Louisville Metro community after successfully completing the following:

## What you need to do to obtain your Lifeguard II permit Successfully complete the following components and requirements:

Contact one of the following organizations for information on training and costs.

- 1. \* BASIC LIFEGUARD TRAINING: American Red Cross and YMCA.
- 2. \* FIRST AID: American Red Cross, American Heart Association, American Safety and Health Institute and National Safety Council.
- **3.** \* <u>Professional CPR for Lifeguards:</u> American Red Cross, American Heart Association, American Safety and Health Institute and National Safety Council.
- \* Many of the above organizations have combined the above components into one class. For other organizations not listed above that provide Lifeguard, First Aid and CPR training: Contact the Louisville Metro Department of Public Health & Wellness, Division of Environmental Health and Protection to determine if the training is an approved program at 502-574-6650.
- **4. GUARD COURSE**: can only be completed with the Division of Environmental Health and Protection Lifeguard Training and Certification Program. Register for and pass the lecture/water test at a local swimming pool reserved by the Division for this swim test.

A <u>GUARD COURSE</u> roster with a *Pass* or *Fail* for each participant will be forwarded to the Division by the Board of Health Lifeguard Instructor.

You must register at 574-6650 for the Guard Course (lecture/water test).

**5.** <u>**REQUIREMENTS**</u>: **1.)** Maintained Lifeguard I status with the Division for the previous consecutive 3 years; **2.)** Documented evidence of a minimum of 24 weeks on the job experience as a Lifeguard I from your place of employment and; **3.)** Advance recommendation from a Board of Health Lifeguard Instructor.

Once you have completed and passed the above components and fulfilled all the requirements: Written test and permit must be obtained from the LMPHW, Division of Environmental Health and Protection, 400 East Gray St., 2<sup>nd</sup> Floor, Louisville, KY 40201. Bring Quarters for the parking meter!

\*Know your Social Security number!

Hours for testing and permit processing are Mon-Fri.: 8:30AM - 3:30PM. Cut off time for starting the test is 3:30PM. <u>Bring the following with you every time</u>: proof of identification and proof of Lifeguarding, First Aid and CPR training.

- Proof of identification and age: Driver's License or Birth Certificate and picture ID.
- **Proof of required training :** Authorized certification card(s) or approved documentation sent to the Division from your trainer/training facility. **Xerox copies of card(s) are not acceptable.**
- Permit fee is \$20.00 cash, credit card or check payable to: Louisville Metro Government.
- Duplicate permit fee is \$5.00

## **Important message for all Lifequard II applicants**

The permit you receive from the Division of Environmental Health and Protection is <u>NOT</u> valid if your Lifeguarding, First Aid and CPR certification have expired!

For Lifeguard II renewal, the applicant must renew any expired training, provide new documentation of the above requirements and pass the Division Guard Course and written test.

Component	Providers	Certification Card Issued Certification Period
Basic Lifequarding Course  All applicants must have	American Red Cross (ARC)  http://www.redcross.org/ky/louisville  502-589-4450	Lifeguarding/First Aid/CPR/AED 2 years
current certification in a basic lifeguarding course.	Jewish Community Center <a href="http://www.jewishlouisville.org/">http://www.jewishlouisville.org/</a> 502-459 -0660	ARC Lifeguarding/First Aid/ CPR/AED : 2years
Online courses must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED!  Online classes are often referred to as "blended courses"	Lakeside Swim Club http://www.lakesideswim.org/ 502-454 -4585	ARC Lifeguarding/First Aid/ CPR/AED : 2years
	Louisville Metro Parks <a href="http://www.louisvilleky.gov/MetroParks/recreation/">http://www.louisvilleky.gov/MetroParks/recreation/</a> 502-897-9949	ARC Lifeguarding/First Aid/ CPR/AED : 2years
	YMCA'S of Greater Louisville http://www.ymcalouisville.org/ 1-800-872-9622	YMCA on the Guard 2 years
	Kentuckiana Pool Management http://kentuckiana-pmg.com/ 502-394-9759	ARC Lifeguarding/First Aid/ CPR/AED : 2years StarGuard : 2 years
First Aid Course	*See above list for ARC providers	Lifeguarding/First Aid/CPR/AED or Basic First Aid Both : 2 years
Online courses must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED!	American Heart Association <a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a> 1-800-242-8721	Heartsaver First Aid Heartsaver First Aid CPR AED Both : 2 years
Online classes are often referred to as "blended courses"	American Safety & Health Institute  MEDIC First Aid <a href="http://www.hsi.com/cprtraining/">http://www.hsi.com/cprtraining/</a> 1-800-447-3177	Basic First Aid or CPR AED/Basic First Aid COMBO Both : 2 years
	National Safety Council <a href="http://www.nsc.org/products">http://www.nsc.org/products</a> training/Pages/Home.aspx 1-800-621-7619	First Aid Adult, Infant and Child: 2 years
CPR Course  Must be a professional rescuer  CPR that includes Adult, Child,	American Red Cross *See above list for ARC providers	ARC Lifeguarding/First Aid/ CPR/AED or CPR/AED for Lifeguards : 2 years
and Infant CPR  Online course must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED!	American Heart Association <a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a> 1-800-242-8721	Heathcare Provider (BLS) 2 years
	American Safety & Health Institute  MEDIC First Aid <a href="http://www.hsi.com/cprtraining/">http://www.hsi.com/cprtraining/</a> 1-800-447-3177	CPR Pro for Professional Rescuers 2 years
Online classes are often referred to as "blended courses"	National Safety Council http://www.nsc.org/products_training/Pages/Home.aspx 1-800-621-7619	Basic Life Support Healthcare and Professional Rescuers : 2 years
* Current certification in basic lifeguarding is required before taking this course.  Guard Course consists of a	Louisville Metro Department of Public Health and Wellness Division of Environmental Health and Protection	You must take the Guard course every 3 years to obtain a Lifeguard II permit.
lecture and swim test. The 2nd part of the Guard Course is a written test. Take every 3 years.	400 East Gray St. Louisville KY 40201  You must register for this course!  502-574-6650	You must take the written test every 3 years to obtain a Lifeguard II permit.